

## Procedure Information Sheet - Excision of Breast Lump

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### **Introduction**

Breast lump can be classified as benign or malignant. After clinical assessment, Fine Needle Biopsy (Core biopsy), Ultrasound or X-ray scanning, the surgeon may excise the lump in order to decide whether it is benign or malignant.

### **Indication**

Breast lump.

### **Procedure**

1. The operation can be performed under local/general anaesthesia.
2. Incision over the breast lump or over the areolar region.
3. The lump is removed will be sent for pathology examination.
4. Wound closed with suture.

### **Pre-operation preparation**

1. You will need to sign a consent form and your doctor will explain to you the reason, procedure and possible complications.
2. No fast under local anaesthesia.
3. Keep fast for 6-8 hours before operation if general anaesthesia is performed.

### **Possible risks and complications**

- Excessive bleeding, haematoma formation.
- Severe pain despite of taking the pain killer, numbness around the incision site.
- Infection (redness, swelling and purulent discharge).
- Fever (body temperature 38°C or 100°F above).
- Wound disruption, possible deformity.

### **Post-operative information**

#### ***A. Hospital care***

1. You can go home immediately if there is no discomfort after local anaesthesia.
2. You may feel tired, dizzy, weak, nausea and vomiting after general anaesthesia.

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3. A mature adult should accompany you for the first 24 hours. You must avoid:
  - Driving, cooking or operating a motorized vehicle or equipment.
  - Taking alcoholic drinks or sedatives.
  - Signing any legal document or make important decision.
4. Follow up as instructed by your doctor.

### ***B. Wound care***

1. Don't remove the dressing.
2. If the wound feel itchy, you can remove the outer dressing but you must leave the sterile strips intact.
3. Take a shower as usual but keep the wound clean and dry.
4. Stitches will be absorbed. Stitches removal may not be necessary.
5. Wear a suitable bra support the breast for reducing pain and swelling after operation.

### ***C. Diet and activity***

1. Resume normal diet.

### **Remark**

The above mentioned procedural information is not exhaustive, other unforeseen complications may occur in special patient groups or different individual. Please contact your physician for further enquiry.

**Reference:** [http://www21.ha.org.hk/smartpatient/tc/operationstests\\_procedures.html](http://www21.ha.org.hk/smartpatient/tc/operationstests_procedures.html)

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I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. \_\_\_\_\_. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

**Name:**

Pt No.:

Case No.:

Sex/Age:

Unit Bed No:

Case Reg Date & Time:

Attn Dr:

Patient / Relative Signature: \_\_\_\_\_

Patient / Relative Name: \_\_\_\_\_

Relationship (if any): \_\_\_\_\_

Date: \_\_\_\_\_